



**Individuals NOT typically accepted for treatment:**

- Mentally retarded (generally defined as recent IQ testing below 70)
- In need of drug and/or alcohol detoxification
- Historically and seriously violent
- Actively psychotic

**Perseus House, Inc. and  
Stairways Behavioral Health  
Enhanced Residential  
Treatment Facility**

**6 bed staff-secure facility  
Males ages 14-19**

**Dependent, Delinquent and Mental Health**

*~ Placement Success Checklist ~*

**Individualized treatment** for seriously emotionally disturbed males who have a history of unsuccessful treatment outcomes in a traditional RTF.

**Medical and intensive mental health treatment** provided by a team of professionals, including a child psychiatrist, clinical psychologist, on-site registered nurses, licensed clinical social worker, family therapist and mental health therapists to service client needs from diagnostic assessment to treatment planning and service delivery.

**Daily individual therapy** provided by Master's level therapists that will lead to more adaptive thoughts, feelings and behaviors.

**Aggression Replacement Training© (ART)** curriculum implemented, including groups such as Skillstreaming, Anger Control Training and Moral Reasoning Training.

**Educational services** include specialized education, GED preparation, individual tutors and public school education as indicated.

**Internal discipline and supervision-of-self** encouraged by a highly structured system of privileges and consequences, placing emphasis on responsibility, personal accountability and internalization of self-discipline.

**Group therapy** including cultural sensitivity, social skills training, communication, victim awareness/empathy, 12-step, anger management, values education and peer feedback.

**Family treatment** includes weekly family therapy and parent group sessions, family visitation, therapeutic leave and referral/support services.

**Drug and alcohol education** utilizes the "disease concept" and incorporates individual and group interventions as well as external community supports.

**Education and experience** in basic living skills includes cooking, cleaning, budgeting, basic home and lawn care, laundry, personal hygiene, job search, interview skills and use of community transportation and resources.

**Community based resources** such as sexual victimization/offender treatment, nutritional education, grief/loss counseling, drug and/or alcohol treatment and mobile psychiatric rehabilitation services.

**Recreational therapy**, including group physical activities and development of constructive interests.

**Vocational programming** assists in the development of basic employability skills and a positive work ethic through community service opportunities and a variety of work experiences that provide income to assist with restitution payment, if needed.

**Transitional planning** includes referral/linkages to a traditional RTF or community resource and treatment services to assure continuity of care, which is facilitated by an aftercare case manager up to a year post discharge.

In Partnership With:



*Licensed by the PA Department of Public Welfare*



*Accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO)*