



Individuals NOT typically accepted for treatment:

- Mentally retarded (generally defined as recent IQ testing below 70)
- In need of drug and/or alcohol detoxification
- Historically and seriously violent
- Actively psychotic

Brighter Horizons
10-bed staff-secure facility
Girls Residential Treatment Facility
Ages 12-18
Dependent, Delinquent, and Mental Health

~ Placement Success Checklist ~

Individualized treatment for clients exhibiting impairments in several areas of daily life including social, educational, family, and psychological functioning.

Medical and mental health treatment provided by a team of professionals, including a child psychiatrist, clinical psychologist, on-site registered nurses, licensed clinical social workers and mental health therapists to service client needs from diagnostic assessment to treatment planning and service delivery.

Individual, peer group, and family counseling provided by Master's level therapists to increase ability to form and maintain relationships, improve decision making skills and seek both formal and informal supports.

Aggression Replacement Training® (ART) curriculum implemented, including groups such as skillstreaming, anger management and moral reasoning.

On-grounds educational facility, including specialized education, GED preparation and individual tutors.

Internal discipline and supervision-of-self encouraged by a highly structured system of privileges and consequences, placing emphasis on responsibility, personal accountability and internalization of self-discipline.

Group therapy including cultural sensitivity, victim awareness, conflict resolution, victim/offender mediation and Post Traumatic Stress Disorder (PTSD) services to encourage competency development according to BARJ principles.

Family treatment includes weekly parent group sessions, regular parent/child counseling, family visitation and referral/support services.

Drug and alcohol education utilizes the "disease concept" and incorporates individual and group interventions as well as external community supports.

Education and experience in basic living skills includes cooking, cleaning, budgeting, basic home and lawn care, laundry, personal hygiene, job search, interview skills and use of community transportation and resources.

Community based resources such as sexual victimization/offender treatment, nutritional education, grief/loss counseling and career development.

Recreational therapy, including group activities and development of constructive interests.

Work Experience Program (75% of wages earned is applied toward restitution owed) and community service opportunities are provided for clients in accordance with BARJ principles.

Transitional planning and aftercare services include quality follow-up during the 1st, 3rd, 6th, and 12th month after graduation and referrals for WRAParound therapy and medication management upon treatment completion.

Licensed by the Pennsylvania Department of Public Welfare



Accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO)