



### **Individuals NOT typically accepted for treatment:**

- Mentally retarded (generally defined as recent IQ testing below 70)
- In need of drug and/or alcohol detoxification
- Historically and seriously violent
- Actively psychotic

**Andromeda House  
Girls Intensive Treatment Unit  
12-bed staff-secure facility  
Ages 12-18  
Dependent and Delinquent**

## *~ Placement Success Checklist ~*

**Individualized treatment** for clients exhibiting impairments in several areas of daily life including social, educational, family, and psychological functioning.

**Medical and mental health treatment** provided by a team of professionals, including a child psychiatrist, clinical psychologist, on-site registered nurses, licensed clinical social workers and mental health therapists to service client needs from diagnostic assessment to treatment planning and service delivery.

**Individual, peer group, and family counseling** provided by Master's level therapists to increase ability to form and maintain relationships, improve decision making skills and seek both formal and informal supports.

**Aggression Replacement Training® (ART)** curriculum implemented, including groups such as skillstreaming, anger management and moral reasoning.

**On-grounds educational facility**, including specialized education, GED preparation and individual tutors.

**Internal discipline and supervision-of-self** encouraged by a highly structured system of privileges and consequences, placing emphasis on responsibility, personal accountability and internalization of self-discipline.

**Group therapy** including cultural sensitivity, victim awareness, conflict resolution and victim/offender mediation provide for treatment according to the BARJ principles.

**Family treatment** includes weekly parent group sessions, regular parent/child counseling, family visitation and referral/support services.

**Drug and alcohol education** utilizes the "disease concept" and incorporates individual and group interventions as well as external community supports.

**Education and experience** in basic living skills includes cooking, cleaning, budget management, basic home and lawn maintenance, laundry, personal hygiene, job search, interview skills and use of community transportation and resources.

**Community based resources** such as sexual victimization/offender treatment, nutritional education, grief/loss counseling and career development.

**Recreational therapy**, including group activities and development of constructive interests.

**Work Experience Program** (75% of wages earned is applied toward restitution owed) and community service opportunities are provided for clients in accordance with BARJ principles.

**Transitional planning and aftercare services** include quality follow-up during the 1<sup>st</sup>, 3<sup>rd</sup>, 6<sup>th</sup>, and 12<sup>th</sup> month after graduation and referrals for WRAParound therapy and medication management upon treatment completion.

*Licensed by the Pennsylvania Department of Public Welfare*



*Accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO)*